

## Media Settings Menu

You can perform various settings for the recording media.

Setting	Details
REC MEDIA FOR VIDEO	Sets the recording/playback media of videos.
REC MEDIA FOR IMAGE	Sets the recording/playback media of still images.
FORMAT HDD	Deletes all files on the HDD.
FORMAT SD CARD	Deletes all files on the microSD card.
DELETE DATA ON HDD	Execute this process when disposing of this unit or passing it to another person.