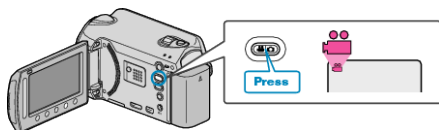


**Selecting the Quality for Saving to Discs (CHANGE REC. MEDIA)**

Set the type and video quality of the disc to be created using a BD/DVD writer. Adjustment is necessary when making DVDs with a BD writer or DVDs in standard quality with a DVD writer.

1 Select video mode.



2 Select "CHANGE REC. MEDIA" and touch OK.



**Backing Up Videos with a DVD Writer**

Setting	Details
DVD(AVCHD)	Saves videos in a DVD in the high-definition quality.
DVD-Video	Saves videos in a DVD after converting to the standard image quality.

**Backing Up Videos with a BD Writer**

Setting	Details
Blu-ray DISC	Saves videos in a BD in the high-definition quality.
DVD(AVCHD)	Saves videos in a DVD in the high-definition quality.
DVD-Video	Saves videos in a DVD after converting to the standard image quality.

Cautions when Backing Up in the DVD-Video Format :

- It takes about 1.2 times the recording time to convert a video from high-definition to standard image quality. (The original video remains in high-definition quality.)
- Each scene is saved as a chapter. The video pauses at the switching of scenes, but this is not a malfunction.
- Videos cannot be saved to DVD-R DL (double layer) discs. Use a DVD-R or DVD-RW disc.

**NOTE:**

- DVDs that are created with "DVD-Video" selected can be played back on normal DVD players.
- When backing up still images, "Blu-ray DISC" or "DVD" can be selected. Image quality of the still images will not be changed.