

## Media Settings Menu

You can perform various settings for the recording media.

Setting	Details
REC MEDIA FOR VIDEO	Sets the recording/playback media of videos.
REC MEDIA FOR IMAGE	Sets the recording/playback media of still images.
FORMAT BUILT-IN MEM.	Deletes all files on the built-in memory.
FORMAT SD CARD	Deletes all files on the SD card.
ERASE ALL DATA	Execute this process when disposing of this unit or passing it to another person.