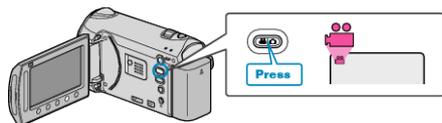


Changing Recording Media (video mode only)

1 Select video mode.



2 Select "CHANGE REC. MEDIA" and touch **OK**.



How to Create DVDs Using an External Blu-ray Drive or DVDs with a Standard Image Quality

To do so, you need to change the "CHANGE REC. MEDIA" setting in the "BACK-UP" menu.

- Selecting "Blu-ray DISC" enables you to save videos in a Blu-ray disc in the high-definition quality.
(External Blu-ray drives only)
- Selecting "DVD(AVCHD)" enables you to save videos in a DVD in the high-definition quality.
- Selecting "DVD-Video" enables you to save videos in a DVD after converting to the standard image quality.

Memo:

- DVDs that are created with "DVD-Video" selected can be played back on normal DVD players.
- When backing up still images, "Blu-ray DISC" or "DVD" can be selected. Image quality of the still images will not be changed.